Rule #19

Moaning or complaining when receiving homework is unnecessary.

Activity #1

Wouldn’t it be great if we could all sit around and do nothing all day long? If our time was our own anad we didn’t feel obligated to teachers, bosses, relatives, and even friends? The truth is, we all must do things we dong enjoy; including homework. Do you realize how negative you sound when you complain about doing homework or chores around the house?

The following activity asks you to role play the scenarios. Students will take the adult role as teachers take on acting like a student or child.

**#1) Teacher :** All right everyone! I want you to write a 100 word essay about who your favorite relative is and why!

**#2) Parent :** I would really appreciate if you would help out with the garage sale today.

**#3) Sibling :** I’m really stuck with this homework assignment. Can you help me?

**#4) Grandparent :** Do you think it you would have time to help me weed by garden?

After acting, answer the following in a discussion :

1. How did you feel when the person you spoke to moaned, whined, and complained? What did you think about them?
2. Think about the last time you whined or complained when your parent or teacher asked you to do something. What were the consequences of your planning?
3. What would have happened differently if you had agreed to your task without complaining or whining about it?
4. Do you think the person asking you to do something would have noticed if your reaction has been more positive?
5. What might the consequence of a positive response from you bring?
6. Which set of consequences do you prefer and why?